Dear Providence families and friends,

To ensure everyone can view the MEWS and avoid any formatting issues, it is also attached to this email as a PDF. And, as always, the MEWS is available on the <u>PHS PTSO Website.</u>

MEWS Editorial Team

PHS Website

PTSO Website

PTSO Facebook

PROVIDENCE HIGH SCHOOL MEWS April 12, 2024

The following articles were submitted by staff, various PHS clubs, booster organizations, etc., and compiled by the PTSO for your convenience. Direct questions related to specific articles to the contact person listed.

To submit an article, refer to the <u>MEWS Guidelines</u> and then <u>email articles here</u> by 9 PM Wednesday.

View the current and past editions of the MEWS.

Click <u>here</u> to subscribe to or unsubscribe from the MEWS.

DATES TO REMEMBER

May 27	Memorial Day – No School
June 8	Graduation

A MESSAGE FROM OUR PRINCIPAL

Dear PHS parents and families,

Providence is back in full swing after returning from spring break. We hope that your child had a restful week and you had the opportunity to enjoy some time with them.

Students are working hard to finish the year strong. On Monday, we started with a reminder to students that no matter what grade they have for third quarter, there is still plenty of time to improve if that is something they need to do. Specifically, for 4x4 classes, there is 60% of the grade left to earn (40% for fourth quarter and 20% for the final exam). For A/B day classes, there is 50% of the second semester grade to earn and 20% of the final course grade left to earn in the final exam. There are only seven weeks of class left. We can do anything for seven weeks. It will go by faster than we think.

Having the right mindset can help students develop the characteristics of <u>perseverance</u>, <u>resilience</u>, and <u>grit</u>! These are not abilities that most people are born with. They are traits that can be developed. Parents can help develop these abilities in students by encouraging students to set a goal for fourth quarter, make a short list of action steps, shorten the list even further by determining what to work on each week, and make sure their child rests, eats well, and stays hydrated. Taking care of the body helps take care of the mind, brain, and spirit. We are reminding our students of these actions also.

This coming week, our **Sources of Strengths** Peer Leader Team will be hosting a week-long campaign to remind the students of their "sources of strengths." In reference to the Sources of Strengths wheel, we are looking at the following eight "sources of strength":

Family Support Positive Friends Mentors Healthy Activities Generosity Spirituality Physical Health Mental Health



On **Thursday, April 18**, students will participate in several activities during the school day that will allow them to use and reflect on their sources of strength. This campaign is called "Around the Wheel." Students will be able to do yoga, play games, make cards for others, participate in activities sponsored by our multicultural club, and more. **Students will still go to ALL 4 classes and have lunch as normal**, but we will be on a revised bell schedule. Please encourage your child to positively engage in this opportunity to focus on their mental health and well-being.

Students with early release built into their schedule after second block may depart campus with their early release card at **10:10 AM** on **Thursday** instead of the normal time (which is 10:31).

Speaking of mental health and the well-being of our teenage children, I wanted to share with you an article about a newly released book. This article is written by the current UNC President: <u>https://ca.movies.yahoo.com/unc-system-president-seeing-effect-163000098.html</u>. It is a short read (you may have seen this article in the "Charlotte Observer"). The book he references is entitled "The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness," by Jonathan Haidt. I've listened to some interviews with the author. He outlines differences we see in our teenagers as compared to teenagers of 10 or 15 years ago. I've ordered it from Amazon for less than \$20 and look forward to this interesting read (<u>https://www.amazon.com/Anxious-Generation-Rewiring-Childhood-Epidemic/dp/0593655036</u>).

I hope you have a great weekend.

Sincerely, Dr. Harrill, principal

ANNOUNCEMENTS AND UPCOMING EVENTS

Update – Panther Athletic Club Senior Scholarship Nominations Due April 15

Calling all senior athletes, parents of athletes, friends of athletes, and teachers of athletes! The Panther Athletic Club is thrilled to be able to offer scholarships to nominated senior club or varsity athletes who are current members of the Panther Athletic Club. This means that the athlete has fulfilled the Panther Athletic Fee (\$80/sport; \$130 for 2-3 sports) this year. The PAC scholarships will be awarded to deserving senior athletes in the areas of leadership, spirit, and citizenship. Only nominations/applications submitted through the Google form below will be accepted.

The deadline for nominations is **April 15**. Submit your nomination here: <u>https://forms.gle/XE3G578AUCK85fSR7</u>

The Scholarship Committee will interview all qualified senior athletes in late April/early May, and scholarship winners will be announced at the Senior Awards Banquet. If you have any questions, please contact Nikki Dragone or Kristi Datta (<u>nbdragone@gmail.com</u> or <u>kristi.datta@gmail.com</u>). Coaches: please submit your nominations for the Coaches Award directly via email to Nikki Dragone.

(Submitted 04/11/2024 by Sarah Novak, snovak428@hotmail.com)

New – PHS Spirit Night

Support the Providence High School PTSO by dining at 800° Wood Fired Kitchen on **April 23** from **5-8 PM.** Mention #ONEPROV and PHS will receive 25% from sales. The restaurant is located at 6815 Phillips Place Ct. in the SouthPark area.

(Submitted 04/11/2024 by Jennifer Sbarra, jennfolysbarra@gmail.com)

New – Seeking Volunteer Panelists for AP Research Presentations

The AP Research students have done individual research all year, and this Presentation and Oral Defense (POD) is the culminating activity to showcase their work. As a panelist, you will be asked to attend the presentation at the time scheduled. Panelists will ask one question from a list of questions provided. Panelists will not score the presentation but may provide feedback. We greatly appreciate the support of community members who agree to be panelists. If you are able to help, please fill in your name for one or two time slots (blocks). Five time slots are available. If all the slots are filled, we can have another panelist join any of the sessions. Panelists will need to complete a short volunteer form on the CMS website if they have not already done so.

Please complete name and contact information on this form

(Submitted 04/11/2024 by Andrea Wise, andrea.wise@cms.k12.nc.us)

Donate to PHS Staff Appreciation Week

PHS Staff Appreciation Week is **April 22-26**, and we need your help to make it a big success! The PTSO has planned a fun week of events with food and treats. Our goal is to also present a special gift to every staff member, and we rely on your generous donations to make all of this happen. This year, there are two easy ways to give:

https://www.pay4schoolstuff.com: Log in and select "2024 PHS Staff Appreciation Week" to donate

https://givebutter.com/6xrHrl: New this year-click the link to donate

(Submitted 04/11/2024 by Meridith Doub, merimac76@gmail.com)

Sign up for April 27 Spring Beautification Day

We are looking for volunteers to help us beautify our campus for the spring. We will need help with weeding, mulching, picking up trash, trimming, and a few other items. Remember, this counts toward student volunteer hours. In addition to the student volunteers, we will need at least 12-14 adults, so please recruit your parents and neighbors. The more people we have, the quicker the work will be!

It would be helpful for volunteers to bring gloves and tools like pruners, edgers, pitchforks, rakes, weed eaters and blowers if possible, and a few extra wheelbarrows also would be useful. We have a lot of shovels and other tools.

When: **Saturday, April 27** Where: Providence High School; meet at the student parking lot by the auditorium Time: **8:45 AM-12 PM**

Click <u>here</u> to sign up or go to this link: <u>https://www.signupgenius.com/go/60B0D49AFA62EA02-48280555-providence</u>.

(Submitted 03/05/2024 by Jane Mokos, janemokos@gmail.com)

Last Chance

Herff Jones representatives will be in the mall area during both lunches **April 24-25** to distribute graduation caps and gowns and announcements. Seniors, please pick up your items on these dates.

Graduation rehearsal: **5:30-7 PM** on **Friday, May 31** at Bojangles Coliseum Graduation: **3:30-5 PM** on **Saturday, June 8** at Bojangles Coliseum

Graduation rehearsal is mandatory for all seniors in order to participate in the graduation ceremony. Please adjust your work schedule and do not plan college visits/orientations on this date. Also, if you have any unpaid financial obligations, you will not be allowed to participate in the rehearsal. Seniors have received financial obligation notices throughout the school year and will continue to receive these notices through the end of May.

Parents, if your senior still needs to order their cap and gown, please go to the Herff Jones website at <u>www.HJcharlotte.com</u> to place the order. Prices will continue to increase, so get your order in quickly.

If you have questions, please email Mrs. Doty at brandic.doty@cms.k12.nc.us.

(Submitted 03/21/2024 by Brandi Doty, brandic.doty@cms.k12.nc.us)

Last Chance to Order Yearbooks

Our yearbook is complete and has been sent to the publishers. We only have 79 books left, so order yours today at <u>www.jostensyearbooks.com</u>.

If you are interested in donating a yearbook to a student in need, please email our social worker, Ms. Thompson, at symonem.thompson@cms.k12.nc.us and she can coordinate the purchase.

(Submitted 03/24/2024 by Pamela Mann, pamelac.mann@cms.k12.nc.us)

Senior Yard Signs Available for \$15

Graduation is almost here! Celebrate senior year by displaying a Providence High School senior yard sign on your lawn.

Purchasing is fast and easy through <u>pay4schoolstuff.com</u>. Once the payment is processed, you will receive an email notification that your sign is ready for pickup in the front office.

If you have questions, please contact Naomi McRary at <u>naomi90404@aol.com</u>.

(Submitted 4/11//2024 by Naomi McRary, naomi90404@aol.com)

CLUBS AND ORGANIZATIONS

New – Junior Panther Soccer Clinic

The Providence High School women's soccer team is hosting a Junior Panther Soccer Clinic for girls K-5th grade in an effort to raise funds for their women's program and directly impact our community of future soccer players. The clinic will take place on **Friday**, **April 26** from **5-8 PM** (Parent's Night Out) and **Saturday**, **April 27** from **9-11 AM** at Providence High School stadium and practice fields. The clinic will focus on teaching basic soccer skills and techniques in a fun and interactive environment.

The cost to participate in the clinic is \$65 (Friday only) or \$100 (Friday and Saturday). Please spread the word to friends and family members. The registration deadline is **Sunday, April 14**. For more information and for complete registration details, follow us on Instagram @provwsoccer or email us at provwomenssoccer@gmail.com.

(Submitted 03/25/2024 by Ann Miller, annmiller28277@gmail.com)

PHS Spring Musical

PHS Theatre invites the community, parents, staff, students, and alumni to its spring musical, *Mean Girls – High School Version.* The fiercely hilarious musical follows the story of Cady Heron, naive newbie in a suburban high school, as she takes on Queen Bee Regina George and the Plastics.

Performances will be **April 19-21** and **April 26-28** (**Fridays and Saturdays at 7 PM, Sundays at 3 PM).** Don't miss out on this entertaining musical experience presented by our talented students. Parental guidance is suggested for younger audiences due to the theme and language.

Follow the link below to purchase tickets. It's going to be so fetch! <u>https://bit.ly/PHSMeanGirls</u>

(Submitted 03/25/2024 by Cristy Pizarro, cristy.pizarro@gmail.com)

PHS Theater Scholarship Opportunity

Providence Theatre Boosters is offering a scholarship opportunity for any graduating senior who has participated in PHS productions within the last four years and plans to pursue a higher education or career in theatre arts. To be considered for this scholarship, please fill out the application here by **Friday, April 12.**

(Submitted 03/25/2024 by Cristy Pizarro, cristy.pizarro@gmail.com)

COUNSELING DEPARTMENT AND CAREER DEVELOPMENT

<u>New – Scholarship of the Week</u>

The Elizabeth Anne Reid Memorial Scholarship provides scholarships to concert band seniors graduating from Providence High School.

Eligibility Criteria and Guidelines:

- Recipient must be a graduating senior at Providence High and must have been a student at Providence for a minimum of two years.
- Recipient must have a minimum unweighted cumulative grade point average of 3.0 (on a 4.0 scale) at the end of the first semester of the senior year.
- Recipient must attend an accredited four-year college or university located in North Carolina.
- Preference should be given to applicants who have been involved in community service.
- Financial need should be considered, giving preference to students who may fall between the cracks of traditional financial aid programs.

Please complete the application on <u>www.fftc.org/scholarships</u>. Contact: <u>scholars@fftc.org</u>

(Submitted 04/10/2024 by Ginger Obringer, virginiaa.obringer@cms.k12.nc.us)

Explore Your Future at Undecided Day

Are you ready to embark on the next chapter of your journey after graduation? We're thrilled to invite you to an incredible event that could shape your future, aligned with the Enlisted, Enrolled, and *Employed* benchmark of our Superintendent Crystal Hill. Mark your calendars for UNDECIDED DAY on **Thursday, April 18** at the Park Expo.

Undecided Day isn't just another event – it's an opportunity for you, our esteemed seniors, to possibly assist in making that final decision about your post-graduation plans. Hosted by the Career and Technical Education team, this event promises to be both exciting and informative, offering invaluable insights and resources to help you navigate your next steps.

Here's what you can expect at Undecided Day:

- **Exploration opportunities:** Discover a wide array of career paths, educational opportunities, and vocational programs that could align perfectly with your interests and aspirations.
- **Networking Opportunities:** Connect with industry professionals, educators, and peers who can offer valuable guidance and support as you embark on your post-graduation journey.
- **Dress to Impress:** Come dressed to impress, as you never know who you might meet or what opportunities could arise from making a memorable first impression.

Don't miss out on this incredible opportunity to take charge of your future and make informed decisions about what comes next after graduation. Interested seniors should complete the Google form below if they want to attend this field trip. Reach out to Ms. Hall with questions at <u>lisac.hall@cms.k12.nc.us</u>.

Undecided Day Field Trip Form

(Submitted 03/11/2024 by Lisa Hall, lisac.hall@cms.k12.nc.us)

Upcoming College Visits

The following colleges are planning visits to PHS over the next few weeks. Junior and senior students who are interested in attending these visits should register on Naviance.

Thursday, April 18 at 1 PM – Jacksonville University Friday, April 26 at 1 PM – Guilford College

(Submitted 03/20/2024 by Lisa Hall, Lisac.hall@cms.k12.nc.us)

 School Counseling website
 Information on College Visits
 College and Career Center website

 Job Openings
 Upcoming College Visits

Our scholarship list is in Naviance. Under the College tab, click Scholarship List and then click Local and Regional Scholarships.

ATHLETICS

<u>PHS Athletics website – click to see Panther News and Sports Report</u> <u>PHS teams spirit wear store</u> <u>Follow PHS Athletics on Twitter – @ProvSports2023</u> <u>Follow PHS Athletics on Instagram – @providence.panthers</u> Follow Panther Athletic Club on Instagram – @providencepac

Providence Athletic Club and Sports Updates

April							
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>		
<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>		
Girls JV Softball vs. Hickory Ridge @ Hickory Ridge High Softball Field (4 PM) Girls V Softball vs. Charlotte Catholic High School @ Providence High (5 PM) Boys JV Lacrosse vs. Community School of Davidson @ Spartan Park Athletic Complex - OFF CAMPUS (6 PM) Boys Tennis at Myers Park (3:30 PM)	Baseball vs. Garinger @ Providence High (Varsity only DBL Header 4 PM) Girls V Softball vs. Independence @ Providence High (5 PM) Boys Volleyball vs. Olympic @ Providence High (5 PM) Girls V Lacrosse vs. Charlotte Christian @ Charlotte Christian School (6 PM) Boys V Lacrosse vs. Charlotte Christian @ Charlotte Christian @ Charlotte Christian @ Charlotte Christian @ Charlotte Christian @ Charlotte Christian School (6 PM)	Girls Softball vs. Ardrey Kell @ Providence High (JV 4 PM) (V 5:30 PM) Girls JV Lacrosse vs. Country Day @ Providence High (5 PM) Girls Soccer vs. Indian Land HS @ Indian Land High (JV 5:30 PM) (V 7 PM) Girls V Lacrosse vs. Independence @ Providence High (6:30 PM) Track & Field at Marvin Ridge (4 PM) Golf vs Weddington (3:30 PM)	Baseball vs. Hough @ William Amos Hough High (JV 4 PM) (V 6:30 PM) Boys V Lacrosse vs. South Mecklenburg @ MSP (4 PM) Girls JV Softball vs. Mooresville HS @ Providence High (4 PM) Girls V Soccer vs. Rocky River @ Providence High (6 PM) Boys Tennis @ East Meck (3:30 PM)	Baseball vs. Ardrey Kell @ Providence High (JV 4 PM) (V 6:30 PM) Girls V Softball vs. Rocky River @ Providence High (5 PM) Track Friday Night Lights @ Providence (6 PM)	Flag Football @ West Charlotte (9 AM) Track & Field @ Weddington (10 AM)		

Girls V Socce vs. Independence @ Providence High (6 PM)	e	Boys Volleyball @ Catholic (5 PM)	
Boys Golf vs Palisades (3 PM)			
Boys Tennis Independend "Senior Nigh (3:30 PM)	e		

Sign Up to Get a FREE Sports Physical on May 4

Atrium Health is offering free high school sports physicals for student-athletes entering grades 9-12. Registration closes **at 5 PM on April 12 or** when capacity is full. Get more information and the registration link at: <u>https://providenceathleticzone.com/2024/03/26/free-sports-physicals-are-back/.</u>

Providence Athletic Club Golf Tournament

Sign-ups are live for the Providence Athletic Club Golf Tournament on **April 15** at Raintree Country Club. Proceeds benefit Providence High athlete scholarships. Register at https://birdease.com/23128. For tournament questions, contact Melanie Bradle at melaniebradle@gmail.com.

Panther Sports Report

View this week's Panther Sports Report from our Athletic Director, Coach Caz: Go to <u>PHS Athletics</u> <u>page</u>; click on Panther News in the Featured section.

2023-2024 Head Coaches Contact Information

Below is the link to our web page with contact information for all Providence head coaches. Please reach out if you have not been connected with the sport you are interested in participating in. https://providenceathleticzone.com/athletics-information/providence-athletic-department-directory.

Player Registration

This year CMS has changed its process for athlete registration. The Dragonfly site will be used to collect all documents, including physicals, proof of residency, and other required documents. This site will also be where the required CMS athletic participation fee will be collected. All this information must be completed prior to first games, but many coaches may require this information to be completed shortly after tryouts. The registration site is <u>dragonflyathletics.com</u>. Please start this process now so there is no delay in students' participation in PHS sports.

Providence Athletic Fee

The Providence athletic fee, which is paid by student athletes, is the primary fundraiser for Providence Athletics and supports all PHS sports. Athletes are asked to contribute \$80 if they play one season and \$130 if they play two or three seasons, and all have the option to contribute more. The Providence athletic fee can be paid through https://www.pay4schoolstuff.com.

PAC Membership via Hometown Fan App

Purchase your PAC membership and get admission to all home athletic games. Membership is valid for the entire school year: all sports, any season, multiple membership options. It does not include club sports and home playoff games.

The funds raised go directly to Providence Athletics to support field and facility maintenance, athletic equipment purchases, equipment maintenance, scholarships, continuing education for coaches, student athlete recognition, transportation to games, and senior recognition.

To purchase your membership, please follow these steps:

- Download the Hometown Fan app at <u>https://www.hometownticketing.com/resources/hometown-fan-app/</u> and search for Providence Athletic Club, or go to <u>https://charlottemeck.hometownticketing.com/embed/all?schools=203</u>.
- 2. The app will generate a QR code for every home sporting event as your admission to the game.
- 3. Family memberships: each family member will use the same QR code to access all events. This will allow four, five, or six QR code scans for each event.
- 4. There is a \$3 convenience fee added to the cost of each membership.

Please contact membership chairperson Heidi Peltz at <u>heidipeltz3@gmail.com</u> with questions.

Athletic Ticket Purchases

Tickets for Providence Athletics events can be purchased through this link: <u>http://charlottemeck.hometownticketing.com/embed/all?schools=103</u>

Download the Hometown Fan app at: <u>https://www.hometownticketing.com/resources/hometown-fan-app/</u>.

2023-2024 Corporate Sponsorship Campaign

If you would like to be a Providence Athletic Club corporate partner, please reach out to the following people for details on how to get involved.

- PAC president: Tony Tomljanovic, <u>ttomljanovic@carolina.rr.com</u>
- PAC sponsorship lead: Kim Henry, <u>khenry696@gmail.com</u>

Harris Teeter VIC Card PAC Support

Please support the Panther Athletic Club by linking your VIC card to #1062. You can link this number to your card at any Harris Teeter or go to <u>https://www.harristeeter.com/together-in-education</u>. A total of five school organizations can be added to each VIC card.

Sports Photos

To learn more about sports photo options with Providence athletics visit <u>ProvidenceSportsPhoto</u>. For assistance, contact Rusty Transou at <u>rtransou@gmail.com</u>.

Live Stream PHS Sports

Providence is thrilled to announce its partnership with the NFHS Network to livestream all events in our stadium and main gym through the NFHS Network, including football, basketball, cheer, volleyball, wrestling, lacrosse, soccer, track & field, and swimming. Please access the link below, subscribe to our channel, and select Providence High School as your school of choice. A percentage of each subscription will return to Providence Athletics to support our programs and student athletes. https://www.nfhsnetwork.com/schools/providence-high-school-charlotte-nc

2023-2024 Providence Athletic Forms Page

Be sure to visit the Providence athletic forms page to get all the information needed for athletic participation. <u>https://providenceathleticzone.com/athletic-forms.</u>

2023-2024 Providence Athletics Schedule Page

The 2023 fall sports schedules are being posted on our Providence Athletics calendar page. Please visit the following link to view up-to-date schedules as they unfold throughout the school year: https://providenceathleticzone.com/events.

Student-Athlete Scholarship Opportunities for Senior Student Athletes

NCHSAA Scholarships

The application period has opened for many NCHSAA scholarships Please visit the below link if you are interested in learning more about the scholarships available and to apply. <u>https://www.nchsaa.org/grants-scholarships/</u>

Liz Murray Scholarship (sponsored by the Hood Hargett Breakfast Club)

The Hood Hargett Breakfast Club awards a monthly scholarship throughout the school year, with the first application deadline in early September. Once your application is submitted, it will remain in the applicant pool for the remainder of the school year. Click the link below for the application and contact your head coach or the PHS athletic director with questions.

https://hoodhargettbreakfastclub.com/hhbc-scholarship-fund/liz-murray-scholarship-application/