

Dear Providence families and friends,

To ensure everyone can view the MEWS and avoid any formatting issues, it is also attached to this email as a PDF. And, as always, the MEWS is available on the [PHS PTSO Website](#).

MEWS Editorial Team

[PHS Website](#)

[PTSO Website](#)

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PROVIDENCE HIGH SCHOOL MEWS

October 27, 2023

The following articles were submitted by staff, various PHS clubs, booster organizations, etc., and compiled by the PTSO for your convenience. Direct questions related to specific articles to the contact person listed.

To submit an article, refer to the [MEWS Guidelines](#) and then [email articles here](#) by 9 PM Wednesday.

View the current and past editions of [the MEWS](#).

Click [here](#) to subscribe to or unsubscribe from the MEWS.

DATES TO REMEMBER

November 3	End of Quarter
November 6-7	Teacher Workdays
November 10	Veteran's Day Holiday
November 22-24	Thanksgiving Break

A MESSAGE FROM OUR PRINCIPAL

Dear PHS parents and families,

We have accomplished several large projects at school this week. I want to give you an update on many of them. You may find some information is great for dinner-time conversation with your child. Our 9th graders have completed most of their high school orientation curriculum and activities. On Wednesday, they learned about goal setting and took time to brainstorm and set goals for themselves. We encouraged them to start small and think about goals for 1st quarter and then 1st semester. Later, they can set goals for the year, for high school, or for life. Our 9th graders also participated in an assembly with Darryl Bellamy, our guest speaker. Darryl, a graduate of UNC-Charlotte, has a powerful message about dealing with overcoming fears and embracing one's potential. This is the fourth year Bellamy has spoken with our freshman. Bellamy has presented in 38 different countries and has collected over 100,000 fears of students in order to demonstrate to students that they are not alone and share many of the same fears as their peers. Students were given tools of how to cope with stress and how to manage feelings of fear in their bodies. One example he shared was for students to focus on the feelings they experience in their bodies when under stress and how to utilize breathing techniques such as box breathing to bring down their heart rate. Overall, Bellamy's presentation was motivating, energetic, and highly engaging for our 9th grade students. If you would like to know more about Darryl Bellamy, please go to www.fearlessinside.com. Our 10th and 11th graders took the PSAT this week. PSAT scores will be available online on **November 16**. Students will be able to log into their College Board account and see their scores. Paper copies will not be provided. Scores will not be sent to the school. Please mark this date to have your child look for their scores and share them with you.

Last week, the 10th graders took the Pre-ACT. Those results will come to the school on a paper printout in about 3 weeks. We will distribute them to students along with their individual test booklets. It would be wise for students to review their results, see which questions they missed, and then review that question in the booklet to see if they recognize why they missed that particular question.

Our 11th graders took the Practice ACT provided to us by The Princeton Review last week. Here are the directions to students to get their score:

1. Go to PrincetonReview.com
2. "Sign In" at the top right corner of the screen
3. Click on "Student Tools"
4. Click on the test name/date of the scores you want to see (Practice ACT / 10-18)
5. To view/print your score report, click on the graph icon to the right of the test score

For questions or help interpreting the score, parents / students can reach out to our contact at The Princeton Review, Alex Ring. Her email is Alex.Ring@review.com. She is happy to sit with you and review the results and answer any individual questions students / parents might have.

Our Seniors have completed their CPR requirement for graduation (except a handful who were absent on Wednesday). Next, our seniors in English this semester completed their Senior Exit presentations in front of a panel of teachers. Like a job interview, a scholarship interview, or "an elevator speech," our students presented their research from their junior paper. Our staff was so impressed with our seniors. Our students were dressed appropriately for an interview, stood confidently and spoke intelligently about their research topic. The students did an excellent job and made us very proud.

You can see that much work has been accomplished this week. Looking ahead, on Saturday, we have two events on campus. The SAT will be administered in the morning. Then, our band will host The Providence Cup, a huge band competition where we are expecting thousands of visitors. We have instructed our students and staff that they may not park overnight on our campus or they risk their vehicle being towed. Parking will be available at Carmel Baptist with a shuttle running to Providence for The Providence Cup. The community is invited to the Marching Band competition which will officially begin in mid-afternoon. You may notice the traffic, extra lighting, and shuttle bus so I wanted you to know what was going on. A HUGE Thank You to the many Providence parents who are working The Providence Cup. It takes a large group of volunteers to support this event each year.

Next week, **October 30 -November 3**, we will give **mid-term exams** in 4x4 classes. The quarter ends on **November 3**. We will be on a regular bell schedule during mid-term exams. **Mid-term exams** count as 20% of the 1st quarter grade which can be very impactful for the student's overall average. We want our students to put their best foot forward. We like to protect students from having multiple major assignments or exams in one day. Therefore, the schedule below is created to ensure that students do not have more than one 4x4 mid-term exam in one day. Students in A/B day classes will not have mid-term exams. They may have a quiz or other regular homework.

Day	Exam
October 31	1
November 1	2
November 2	3
November 3	4

Our Fall athletic teams are in or will be entering play-off season. Seeding for football and soccer will be today or tomorrow and then we will have the schedule for next week. Winter sports begin soon. There is a mandatory parent meeting for Winter Sports on **Wednesday, November 1** at **6:30 PM** in our auditorium.

Lastly, CMS has announced the **Graduation schedule and Graduation Rehearsal Schedule**. Providence will have mandatory Graduation Rehearsal (for graduating seniors only) on **Friday, May 31, 5:30 – 7:00 PM**, at Bojangles' Coliseum. Students should plan now to attend. Our Graduation ceremony will be on **Saturday, June 8, 3:30 PM** at Bojangles' Coliseum. All family members and guests are invited. Tickets are not needed as it is open seating for everyone. Please mark your calendar and plan to attend and celebrate with the Class of 2024!
I hope you have a great weekend.

Sincerely,
Dr. Harrill, principal

ANNOUNCEMENTS AND UPCOMING EVENTS

New – Spirit Night – Penn Station

Support the Providence PTSO! Enjoy an easy dinner out at Penn Station in Rea Farms on **November 1** from **4-9 PM**. Providence will receive 10% of ALL orders, including delivery orders.

(Submitted 10/24/2023 by Andria Kokoszka, akk623@gmail.com)

New – Student Government Update

The Leadership class is pleased to announce our Officer Prep Leadership workshop on **December 14**. With instructor approval, students will attend workshops on various leadership topics including creativity, flexibility, communication, and teamwork during their third and fourth block classes. The day will include lunch from Chick-fil-A.

The purpose of this event is to give students a chance to improve their leadership skills through interaction, activities, and reflection. The intended audience is anyone who is interested in gaining skills in our 10 featured areas.

This event is mandatory for anyone who would like to apply for the student council leadership class and program next year. Applications for Officer Prep open on **November 3** and will close on **November 28**. Seats for this event are limited, so we encourage students to sign up early.

Information on how to apply for the program will be available for students on our news program and outside of room 235. Payment will be available on OSP only. We are looking forward to another wonderful experience for our students.

To stay updated on upcoming events and information, follow @providenceeb on Instagram. If you have any questions, contact Leadership advisor Laura Bauer at lauram.bauer@cms.k12.nc.us.

(Submitted 10/24/2023 by Laura Bauer, lauram.bauer@cms.k12.nc.us)

New – Link your Harris Teeter Vic Cards

Providence families: Don't forget to re-link your Harris Teeter VIC cards. Select Providence High School, 1261. Click on this link to get started. <https://tie.harristeeter.com/tie/login>

(Submitted 10/24/2023 by Melanie Bradle, melaniebradle@gmail.com)

New - Senior Yearbook Ads

Class of 2024 parents: Celebrate your student's achievements and milestones by purchasing a senior ad in the 2024 Prowler yearbook. Parents can create and purchase the ad online at www.jostensadservice.com. More details can be found [here](#). **December 4** is the last day to purchase senior yearbook ads.

(Submitted 10/24/2023 by Pamela Mann, pamelac.mann@cms.k12.nc.us)

Important Cap and Gown Ordering information for Seniors

Class of 2024 graduation cap and gown orders are placed online. Pricing and product information are available at www.hjcharlotte.com. Orders for the June 2024 graduation ceremony **MUST** be placed by **December 15**. If you are graduating mid-year, the deadline for ordering is **November 17**.

To order, click "High School Caps and Gowns/Grad Supplies" and then scroll down and click "Shop Caps & Gowns." Type in "Providence High School" and choose our school from the drop-down menu. "2024" should already be selected. Click "Next." Click "Shop Grad Products." The next screen will display options for graduation packages. You may order as many items, keepsakes, or accessories as you wish. You may select one of the all-inclusive packages OR if you want to order the Graduation Cap/Gown unit ONLY, click the "Grad Gear and Apparel" tab and scroll to the bottom to select "Cap, Gown, and Tassel Unit."

Graduation and graduation rehearsal dates and information will be provided later. Please email Mrs. Davis (margaretm.davis@cms.k12.nc.us) or Mrs. Doty (brandic.doty@cms.k12.nc.us) if you have any questions.

(Submitted 10/18/2023 by Margaret Davis, margaretm.davis@cms.k12.nc.us)

Spirit Wear Update

Thank you to everyone who bought items in our first online store. You should have received an email with pick up and/or shipping information. Check your junk/spam folder or reach out to one of us if you need help getting your items.

Our next online store will open **November 1-14** with some new gear. Long-sleeve items, sweatpants, beanies, etc. We hope you will check it out for your holiday and winter needs. Thank you for your support and for sharing your school spirit for PHS!

Karen Crawford, karencrawford@hotmail.com; Reyna Watson, reynarng@yahoo.com.

(Submitted 10/06/2023 by Karen Crawford, karencrawford@hotmail.com)

President's Volunteer Service Award

There is still plenty of time to accrue your volunteer hours for this year's President's Volunteer Service Award (PVSA). Hours for this year's award must be accrued between **March 14, 2023, and March 13, 2024**, with all paperwork due to Ms. Haywood in the guidance department by **March 15 at 3 PM**.

Trying to find places to volunteer? Here are a few local places that might have volunteer opportunities: Bright Blessings, Matthews Help Center, Loaves and Fishes, Promising Pages, Urban Ministry Center (Operation Sandwich or collection drives), and The Ronald McDonald House of Charlotte. Also check with your house of worship, teachers, or club sponsors to see if they know of volunteer opportunities.

- Make sure your activities qualify! If you are unsure, check the PHS website for this information and all required paperwork. <https://providencehighptso.weebly.com/presidents-volunteer-service-awards.html>
- Be sure to get your log sheets signed by a supervising adult. Parents, family members, and high school students (even if 18 or older) cannot sign for you.
- The 2023-2024 application form and log sheet must be filled out legibly and completely.
 - Each date of service and corresponding number of hours must be listed separately.
 - Current contact information for the supervising adult is required for verification purposes.
 - Late or incomplete applications and paperwork will not be accepted.

If you have questions about the PVSA, contact Meridith Doub or Helen Kim at providence.pvsa@gmail.com

(Submitted 10/10/2023 by Meredith Doub, merimac76@gmail.com)

Improving Our School Starts With YOU!

Thank you to those who have already given to the IMPACT Campaign! We are excited to be working on projects that will improve Providence for all our students. The PTSO would love to have the support of more of our families. Through your generous donations, the PTSO provides staff support, technology enhancements, student scholarships and awards, and campus improvements. We are currently working on bathroom updates, cosmetic improvements throughout the building, and an update and sound panel replacement in the auditorium.

To make an IMPACT on the future of Providence, please log in to www.pay4schoolstuff.com. We are also accepting stock donations.

Questions? Email phscapitalcampaign@gmail.com. Thank you!

(Submitted 10/04/2023 by Lee Sugg, leersugg@gmail.com)

Senior Yard Signs Available for \$15

Celebrate senior year by displaying a Providence High School senior yard sign on your lawn.

Purchasing is fast and easy through pay4schoolstuff.com. Once the payment is processed, you will get an email notification that your sign is ready for pick up in the front office. If you have any questions, please contact Naomi McRary at naomi90404@aol.com.

Congratulations to your senior!

(Submitted 10/11/2023 by Naomi McRary, naomi90404@aol.com)

CLUBS AND ORGANIZATIONS

Support the Pride of Providence Marching Band at the Providence Cup

The 2023 Providence Cup Marching Band Competition will be held at Providence High School on **October 28**. This event will bring 16 bands from across North and South Carolina to our campus for an exciting day of great music and marching! Tickets are \$10 and available at the gate. Ages 5 and under are FREE. Free admission for PHS staff.

Students: Need service hours? You can volunteer at this fun event while earning service hours. National Honor Society, Tri-M, Key Club, or any other club where service hours are needed, this opportunity is for you! Students who are looking for service hours, please sign up at the following link: <https://www.signupgenius.com/go/20F0A49ACAB2BAB9-45115791-providence>

Contact Nancy Knox at teamknox@carolina.rr.com for more information.

(Submitted 10/18/2023 by Nancy Knox, teamknox@carolina.rr.com)

COUNSELING DEPARTMENT AND CAREER DEVELOPMENT

New – CPCC Dual Enrollment

Are you or your student interested in learning more about the dual enrollment process? The Career & College Promise Dual Enrollment program at Central Piedmont Community College is a tuition-free program available to rising high school juniors and seniors in CMS. Attending an information session is a great way to gain insight into getting started in the program. Please join CPCC as they host a virtual information session on **Monday, November 13 at 4:30 PM**. Click on the link below to attend the session.

<https://www.cpcc.edu/events/dual-enrollment-information-session>

If you prefer to learn the information on your own, watch this [recorded information session](#) as often as you like.

(Submitted 10/25/2023 by Lisa Hall, lisac.hall@cms.k12.nc.us)

New – Scott Clark Toyota Scale Internship Program

Applications are now being accepted for spring 2024 high school interns for the SCALE program at Scott Clark Toyota. The SCALE internship program is designed to bring a motivated group of students with diverse backgrounds and perspectives together to grow their skills and benefit non-profit organizations in the Charlotte area community. Interns will explore the world of digital, social media, and traditional marketing and will have the opportunity to learn from Scott Clark's team of professionals, as well as community leaders. Throughout the program students will access a robust network of relationships both within the Scott Clark dealership and outside in the local community. The result of successful completion of the SCALE program will transfer directly to workforce employment and/or post-secondary education.

Click below to learn more about the program and to apply today! Students can also see Ms. Hall, our career development coordinator, in her office across from the mall for more details on this opportunity.

<https://www.scottclarkscale.com/>

(Submitted 10/25/2023 by Lisa Hall, lisac.hall@cms.k12.nc.us)

Upcoming College Visits

Below is a listing of the schools who are scheduled to visit PHS during the first two weeks of October. If students would like to attend a college visit, they need to go under the "Colleges" tab on Naviance, then select "Visits."

Monday, October 30

College of Charleston – **8:30 AM**

Wofford College – **9 AM**

Wednesday, November 8

Manhattan College – **9:30 AM**

Wednesday, November 15

Salisbury University – **9 AM**

(Submitted 10/09/2023 by Lisa Hall, Lisac.hall@cms.k12.nc.us)

[School Counseling website](#)

[Information on College Visits](#)

[College and Career Center website](#)

[Job Openings](#)

[Upcoming College Visits](#)

Our scholarship list is in Naviance. Under the College tab, click Scholarship List and then click Local and Regional Scholarships.

ATHLETICS

[PHS Athletics website – click to see Panther News and Sports Report](#)

[PHS teams spirit wear store](#)
[Follow PHS Athletics on Twitter – @ProvSports2023](#)
[Follow PHS Athletics on Instagram – @providence.panthers](#)
[Follow Panther Athletic Club on Instagram – @providencepac](#)

October/November

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>30</u> Boys Basketball Tryouts (6-8:15 PM) Girls Basketball Tryouts (4-6 PM) Boys & Girls Swim Tryouts (2:30-3:45 PM) Varsity Soccer Playoff Game? (Opponent T.B.D.)	<u>31</u> Boys Basketball tryouts (6-8:15 PM) Girls Basketball Tryouts (4-6 PM) Boys & Girls Swim tryouts (2:30-3:45 PM) Rugby Tryouts (5-7 PM)	<u>1</u> Winter Sports parent meeting (6 PM) in auditorium Winter Cheer tryouts (3:30-5:30 PM) in PHS Mall	<u>2</u> Winter Cheer tryouts (3:30-5:30 PM) in PHS Mall Rugby Tryouts (5-7 PM)	<u>3</u> Varsity Football Playoff Game? (Opponent T.B.D)	<u>4</u> Varsity Boys Basketball scrimmage @ Cary HS Varsity Women's Basketball scrimmage @ Providence Day

*MSP=Matthews Sportsplex

New – 2023-2024 PHS Winter Cheer Team Tryouts

We are excited for our 2023-2024 Varsity basketball cheer tryouts, which will be held **November 1-2** from **3:30-5:30 PM** in the PHS Mall. If you are interested in trying out, please fully read and complete [this](#) packet. We look forward to seeing you at tryouts next week!

Thanks,
Coach DeJohn

New – 2023-2024 PHS Indoor Track Team Tryouts

Indoor track Tryouts will be held on **Monday, November 13** and **Tuesday, November 14 at 3 PM** on the Providence track. All paperwork must be completed and submitted on DragonFly to participate in tryouts

New – 2023-2024 PHS Women's Basketball Tryouts

Providence Women's basketball tryouts will be held on **Monday, October 30** and **Tuesday, October 31 at 4 PM**. All paperwork must be completed and submitted on DragonFly to participate in tryouts. Please contact Coach Petre (red23rach@gmail.com) if you have any questions.

Athletics Facilities Improvements

See what the Providence Athletic Club (PAC) funds have done for the athletic program at PHS by clicking [here](#) to see pictures of new improvements. Thank you all who have contributed!

(Submitted 10/25/2023 by Sarah Novak, snovak428@hotmail.com)

2023-2024 PHS Swim and Dive Team

Parents and students,

The Varsity swim and dive team will have try-outs **October 30** from **2:45–3:45 PM**. We are presently having pre-season practices every **Tuesday** from **2:45–4 PM**. To attend practice, you must be entered in DragonFly with your physical and proof of insurance approved. You can come by Room 125 and meet Coach Brian Cattaneo if you are new to PHS or have not attended a practice. To qualify for the team, swimmers need to be able to swim all four strokes and four laps without stopping. Divers need experience in tumbling or gymnastics, but we can work with you if you have a passion for adventure. See you on the pool deck.

(Submitted 9/27/2023 by Brian Cattaneo, brianc.cattaneo@cms.k12.nc.us)

Panther Sports Report

View this week's Panther Sports Report from our Athletic Director, Coach Caz: Go to [PHS Athletics page](#); click on Panther News in the Featured section.

Providence Athletic Club and Sports Updates

2023-2024 Head Coaches Contact Information

Below is the link to our web page with contact information for all Providence head coaches. Please reach out if you have not been connected with the sport you are interested in participating in.

<https://providenceathleticzone.com/athletics-information/providence-athletic-department-directory>.

Player Registration

This year CMS has changed its process for athlete registration. The Dragonfly site will be used to collect all documents, including physicals, proof of residency, and other required documents. This site will also be where the required CMS athletic participation fee will be collected. All this information must be completed prior to first games, but many coaches may require this information to be completed shortly after tryouts. The registration site is dragonflyathletics.com. Please start this process now so there is no delay in students' participation in PHS sports.

Providence Athletic Fee

The Providence athletic fee, which is paid by student athletes, is the primary fundraiser for Providence Athletics and supports all PHS sports. Athletes are asked to contribute \$80 if they play one season and \$130 if they play two or three seasons, and all have the option to contribute more. The Providence athletic fee can be paid through <https://www.pay4schoolstuff.com>.

PAC Membership via Hometown Fan App

Purchase your PAC membership and get admission to all home athletic games. Membership is valid for the entire school year: all sports, any season, multiple membership options. It does not include club sports and home playoff games.

The funds raised go directly to Providence Athletics to support field and facility maintenance, athletic equipment purchases, equipment maintenance, scholarships, continuing education for coaches, student athlete recognition, transportation to games, and senior recognition.

To purchase your membership, please follow these steps:

1. Download the Hometown Fan app at <https://www.hometownticketing.com/resources/hometown-fan-app/> and search for Providence Athletic Club, or go to <https://charlottemeck.hometownticketing.com/embed/all?schools=203>.
2. The app will generate a QR code for every home sporting event as your admission to the game.
3. Family memberships: each family member will use the same QR code to access all events. This will allow four, five, or six QR code scans for each event.
4. There is a \$3 convenience fee added to the cost of each membership.

Please contact membership chairperson Heidi Peltz at heidipeltz3@gmail.com with questions.

Athletic Ticket Purchases

Tickets for Providence Athletics events can be purchased through this link:
<http://charlottemeck.hometownticketing.com/embed/all?schools=103>

Download the Hometown Fan app at: <https://www.hometownticketing.com/resources/hometown-fan-app/>.

2023-2024 Corporate Sponsorship Campaign

If you would like to be a Providence Athletic Club corporate partner, please reach out to the following people for details on how to get involved.

- PAC president: Tony Tomljanovic, ttomljanovic@carolina.rr.com
- PAC sponsorship lead: Kim Henry, khenry696@gmail.com

Harris Teeter VIC Card PAC Support

Please support the Panther Athletic Club by linking your VIC card to #1062. You can link this number to your card at any Harris Teeter or go to <https://www.harristeeter.com/together-in-education>. A total of five school organizations can be added to each VIC card.

Sports Photos

To learn more about sports photo options with Providence athletics visit [ProvidenceSportsPhoto](https://www.providencesportsphoto.com). For assistance, contact Rusty Transou at rtransou@gmail.com.

Live Stream PHS Sports

Providence is thrilled to announce its partnership with the NFHS Network to livestream all events in our stadium and main gym through the NFHS Network, including football, basketball, cheer, volleyball, wrestling, lacrosse, soccer, track & field, and swimming. Please access the link below, subscribe to our channel, and select Providence High School as your school of choice. A percentage of each subscription will return to Providence Athletics to support our programs and student athletes.
<https://www.nfhsnetwork.com/schools/providence-high-school-charlotte-nc>

2023-2024 Providence Athletic Forms Page

Be sure to visit the Providence athletic forms page to get all the information needed for athletic participation. <https://providenceathleticzone.com/athletic-forms>.

2023-2024 Providence Athletics Schedule Page

The 2023 fall sports schedules are being posted on our Providence Athletics calendar page. Please visit the following link to view up-to-date schedules as they unfold throughout the school year:

<https://providenceathleticzone.com/events>.

Student-Athlete Scholarship Opportunities for Senior Student Athletes

NCHSAA Scholarships

The application period has opened for many NCHSAA scholarships Please visit the below link if you are interested in learning more about the scholarships available and to apply.

<https://www.nchsaa.org/grants-scholarships/>

Liz Murray Scholarship (sponsored by the Hood Hargett Breakfast Club)

The Hood Hargett Breakfast Club awards a monthly scholarship throughout the school year, with the first application deadline in early September. Once your application is submitted, it will remain in the applicant pool for the remainder of the school year. Click the link below for the application and contact your head coach or the PHS athletic director with questions.

<https://hoodhargettbreakfastclub.com/hhbc-scholarship-fund/liz-murray-scholarship-application/>