

Dear Providence families and friends,

To ensure everyone can view the MEWS and avoid any formatting issues, it is also attached to this email as a PDF. And, as always, the MEWS is available on the [PHS PTSO Website](#).

MEWS Editorial Team

[PHS Website](#)

[PTSO Website](#)

[PTSO Facebook](#)

PROVIDENCE HIGH SCHOOL MEWS

February 17, 2023

The following articles were submitted by staff, various PHS clubs, booster organizations, etc., and compiled by the PTSO for your convenience. Direct questions related to specific articles to the contact person listed.

To submit an article, refer to the [MEWS Guidelines](#) and then [email articles here](#) by 9 PM Wednesday.

View the current and past editions of [the MEWS](#).

Click [here](#) to subscribe to or unsubscribe from the MEWS.

DATES TO REMEMBER

February 20	President's Day Holiday – No School
March 8	Early Release Day
March 24	Last Day of 3 rd Quarter
March 27	Teacher Workday – No School
April 7	Teacher Workday – No School
April 10–April 14	Spring Break Holiday – No School
May 29	Memorial Day Holiday – No School
June 9	Last Day of 4 th Quarter
June 12–June 13	Teacher Workdays – No School
June 14	Class of '23 Graduation Day

A MESSAGE FROM OUR PRINCIPAL

Dear PHS parents and families:

Our students have had a wonderful “**Reset and Recharge Week.**” Organized and led by our Sources of Strength Peer Leaders in collaboration with our Leadership class, we have had events every day to support mental health awareness and provide tips and strategies to our students. Today, we capped it all off by serving hot chocolate with marshmallows and whipped cream before class. Please take time to ask your children about their favorite part of the week. Was it “Panther Pause” every day, was it the Petting Zoo on Thursday, or was it hot chocolate with marshmallows?

In academic news... our 11th graders are preparing for the ACT to be given on **March 8** at Providence. This is a regular school day for non-11th graders, but it is an Early Release day for Teacher Professional Development in the afternoon. Dismissal will be at **11:15 AM**. The ACT is **REQUIRED** by the state of North Carolina for all 11th graders. It is paid for by the state, and all scores are reportable to college.

Students who have taken either the SAT or the ACT before **February 28, 2023**, and have scores that meet the college readiness benchmark standards, do not have to participate in the statewide ACT administration on **March 8**. However, it is the students' responsibility to notify the school that they have already met the benchmark standards. Students must have either SAT or ACT test scores that meet or exceed the following college readiness benchmarks:

SAT college readiness benchmark scores include the following subtests:

Test	SAT Score
Evidence-Based Reading and Writing	530
Mathematics	540

ACT college readiness benchmark scores include all of the following subtests:

Test	ACT Score
English	18
Mathematics	22
Reading	22
Science	23

Students may not combine test scores from prior, separate administrations to meet college readiness benchmark scores. All college readiness benchmark scores must be attained during the same test administration. Current juniors who have met these standards (from either the SAT or ACT) may complete an Exemption Request form available from Ms. Haywood in the guidance office. The deadline to return the form is **February 28, 2023, 2:30 PM**. However, please consider that taking the ACT on **March 8** could result in a student performing better than their previous score, is of no financial cost to the family, and is reportable to college. The only negative we can see to taking it again is the 4 hours it would take for the student to take the test.

In sports news... our Men's Basketball team will play in Round 2 of the Southwestern 4A Conference Tournament tonight at Independence at **5 PM** against Charlotte Catholic. The winner will advance to the final game of the tournament to be played tomorrow (Saturday). Two of our wrestlers are currently finishing up their season at the State Championship matches in Raleigh.

In addition, our spring sports finished tryouts this week and are set for a strong season again this year. Good luck to our Track, Men's Tennis, Men's Golf, Baseball, Women's Soccer, and Softball teams. We'd love to see you out at a game or match in the coming months. Best wishes to all of our student athletes. Go Panthers!

I hope you have a great weekend. Remember that school is closed on Monday in honor of Presidents' Day.

Sincerely,

Dr. Harrill, Principal

ANNOUNCEMENTS AND UPCOMING EVENTS

New - Staff Appreciation Week is Coming – Donations Needed!

PHS Staff Appreciation Week is **April 24-28**, and we need your help showing the PHS staff how much we appreciate all they do for our students. The PTSO has a fun week of food and treats planned and will also present a well-deserved special gift to each staff member. We rely on your donations to make all of this happen.

Donations may be made by logging into Pay4SchoolStuff at <https://www.pay4schoolstuff.com>. Just add "Donations for Staff Appreciation Week" to your cart with your donation amount entered. Thank you so much for your support!

(Submitted 2/15/2023 by Kate Milheim, katemilheim@hotmail.com)

Campus Beautification Day on March 25

Spring is right around the corner, and we're excited to make the campus look amazing! We are looking for crew leaders (adults) and volunteers (students) to help in various areas of the campus **9 AM-12 PM** on **March 25**.

Jobs include picking up sticks, pruning low branches on trees, weeding, spreading mulch, and re-stacking small stone edging around the school. All easy work, and students can get much-needed volunteer hours! All volunteers must sign up to participate here:

<https://www.signupgenius.com/go/70A0845A9AF2AA3FF2-phsbeautification3>

(Submitted 2/6/2023 by Kalie Koivisto, kkoivisto@cottinghamchalk.com)

PTSO 2023 Scholarships

The PTSO is happy to announce that we will offer three \$1,000 scholarships for 2023 seniors. To be eligible, the student must be a member of the PTSO. If you are not a member and would like to join, please go to [Pay4SchoolStuff.com](https://www.pay4schoolstuff.com).

Application instructions can be found at [2023 PHS PTSO Scholarship Application Instructions](#), and the deadline to apply is **April 5**. Email ptso.scholarships@gmail.com with any questions.

(Submitted 2/7/2023 by Dana Xiao, danaxiao@gmail.com)

Flock Your 2023 Senior

Want to celebrate your senior? Send them a flock! For \$10, PHS parent volunteers will put a flock of 23 black and gold flamingos on your lawn for 24 hours. This is a great way to celebrate a birthday or milestone, or just congratulate them on their senior year. Orders can be placed by emailing your student's name, address, and preferred date to flockasenior@gmail.com. Orders must first be paid for on [Pay4SchoolStuff](https://www.pay4schoolstuff.com). Proceeds go toward senior events hosted by the PTSO.

(Submitted 1/31/2023 by Stacey Ellis, staceyellis11@gmail.com)

Spirit Wear Cooler Bags Now Available

New item alert! Fabulous cooler bags that are great for tailgating are available on [Pay4SchoolStuff](https://www.pay4schoolstuff.com). Quantities are limited, so purchase now so you don't miss out. Hoodies, sweatpants, t-shirts, and trucker hats are available as well.

(Submitted 2/2/2023 by Beth MacPhail, bmacphail35@outlook.com)

The President's Volunteer Service Award (PVSA)

Students have until **March 13** to accrue volunteer service hours for this school year's award. All paperwork must be submitted to Ms. Haywood in the guidance department by **3 PM** on **March 15**, but you are welcome to turn it in beginning **February 15**. No late submissions will be accepted.

As the deadline approaches, please keep the following in mind.

- Make sure your activities qualify. If you are unsure if your activities will qualify for the award, check the PHS PVSA website for additional information and requirements.
- Do not wait until last minute to gather the required signatures and documentation to apply for this award; incomplete applications will not be accepted. No exceptions.
- The PVSA application form, PVSA summary log, and PVSA volunteer hour log sheet must be filled out completely and legibly, with all dates of service/description/hours listed, signatures from supervising adults, and contact information for verification purposes.

If you have any questions about the PVSA, please email providence.pvsa@gmail.com.

(Submitted 1/31/2023 by Helen Kim, helenckim@gmail.com)

CLUBS AND ORGANIZATIONS

New – Student Government Update

This week was our annual Reset and Recharge Week. On Monday, we had Pajama Day. On Tuesday, students wore red, pink, and white for Valentine's Day. On Wednesday, we had cornhole and coloring pages during lunch. On Thursday, we had a petting zoo at the greenhouse during lunch. To wrap up the week on Friday, we had hot chocolate before school. Students also had homeroom for the entire week. We hope this week allowed students to reset and recharge and enjoy the fun activities we planned.

On **March 1**, we will kick off our annual Student Hunger Drive campaign. We are partnering with Second Harvest Food Bank to collect canned food and monetary donations. We will also have homeroom and club competitions, and prizes will be awarded! Our infamous CANZ music video will also be released in March. We will have a Chipotle fundraising night on **March 14** and a Nothing But Noodles fundraiser on **March 23**. All proceeds from these fundraisers will go toward the Student Hunger drive. Locations and times for these nights will be announced soon.

The week of **March 13**, we will have our ReVersus Spirit Week. On **Friday, March 17**, we will cap off ReVersus with a dodgeball tournament and a pep rally. Information regarding dodgeball tournament entry and pep rally tickets will be announced in the near future.

As we progress into the spring sports season, make sure to come out and support your Panthers in their athletic events. Themes for games are posted on the @ProvidenceEB Instagram page, so make sure to follow to stay up to date on those and other school events.

If you have questions, please email Laura Bauer, Leadership advisor, at lauram.bauer@cms.k12.nc.us. Thank you!

(Submitted 2/15/2023 by Aarav Bhaskar, aaravbhaskar09@gmail.com)

COUNSELING DEPARTMENT AND

CAREER DEVELOPMENT

[School Counseling website](#)

[Information on College Visits](#)

[College and Career Center website](#)

[Job Openings](#)

[Upcoming College Visits](#)

Our scholarship list is in Naviance. Under the College tab, click Scholarship List and then click Local and Regional Scholarships.

Scholarship of the Week: Fight for the Flame CRPS Awareness

The Fight the Flame® CRPS Awareness Scholarship was established to encourage students to educate others about Complex Regional Pain Syndrome (CRPS). CRPS, formally known as Reflex Sympathetic Dystrophy (RSD), is a chronic, debilitating, invisible, neurological pain disorder. As part of our advocacy efforts, we are offering one Fight the Flame® CRPS Awareness Scholarship of \$1,000 to a Providence High School senior.

Eligibility

- Must be a Providence High School senior with at least a 3.0 GPA, scheduled to graduate in the spring of the current school year.
- Must be accepted to and planning to pursue a four-year undergraduate degree from an accredited institution (copy of acceptance letter required).

Requirements

- Submit a complete application.
- Answer one essay question (500 words).
- Present a complete communication log sheet.
- Provide a copy of college acceptance letter.

Please see Naviance for an application.

(Submitted 2/6/2023 by Ginger Obringer, virginiaa.obringer@cms.k12.nc.us)

ATHLETICS

[PHS Athletics Website](#)

[Online Providence Team Stores](#)

[Follow PHS Athletics on Twitter - @ProvAthletics](#)

[Follow Providence Athletic Club on Twitter - @ProvBoosterClub](#)

Upcoming Events: February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21 1st Round of Basketball playoffs V Baseball Scrimmage vs Randleman	22	23 2nd Round of Basketball playoffs JV/V Girls Soccer Scrimmage @ Charlotte Latin	24 V Baseball Scrimmage vs Alexander Central	25 3rd Round of Basketball playoffs V Softball Scrimmage @ Mooresville (multiple games)

Updated - PAC Membership

Spring sports start soon! Skip the Hometown Fan App and purchase your PAC membership to get admission to all home games for the rest of the year. Membership is valid for the entire school year – all sports, any season, multiple membership options. (Does not include club sports and home playoff games). Purchase memberships online at <https://www.pay4schoolstuff.com>.

Player Registration

CMS has changed its process for athlete registration. [DragonFly MAX \(dragonflyathletics.com\)](http://dragonflyathletics.com) will be used to collect all required documents including physicals and proof of residency and **the required CMS athletic participation fee**. All of this information must be completed before first games, but many coaches may require this to be complete shortly after tryouts. Please register at the site and start the process now so there is no delay in your student participating in Providence sports.

Athletic Ticket Purchases

Tickets for Providence Athletics can be purchased using the Hometown Fan app.

Harris Teeter VIC Card PAC Support

Please support the Panther Athletic Club by linking your VIC card to #1062. Link this number to your card at any Harris Teeter or at www.harristeeter.com. You can link a total of five school organizations to each VIC card.

Amazon Smile PAC Support

When you shop at Amazon Smile (smile.amazon.com), please select Providence Senior High Athletic Booster Club as your charity. Amazon Smile will donate .5% of purchases to support the PAC.

Sports Photos

To learn more about sports photo options with Providence Athletics, visit www.ProvidenceSportsPhoto.com. For assistance, email Rusty Transou at rtransou@gmail.com.

SPORTS HIGHLIGHTS AND ANNOUNCEMENTS

SPRING SPORTS

Baseball: For information, contact Coach Hignight at daniel.hignight@cms.k12.nc.us.

Men's Golf: For information, contact Coach Church at carefreehighway33@gmail.com.

Men's Lacrosse: For information, contact phslaxcms@gmail.com.

Women's Lacrosse: Follow us on Instagram @provwolax for pre-season updates. For information about women's lacrosse, contact Coach Peyton Lindsay at peytona.lindsay@cms.k12.nc.us.

Women's Soccer: For information, contact Coach Bolar at robb.bolar@cms.k12.nc.us.

Softball: Offseason workouts have begun. For information, contact Coach Mace at donaldb.mace@cms.k12.nc.us.

Men's Tennis: For information, contact Coach Oxendine at joshuae.oxendine@cms.k12.nc.us

Men's Track & Field: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Track & Field: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

FALL SPORTS

Cheerleading: For information, visit our webpage at <https://phscheer1.weebly.com>.

Men's Cross Country: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Cross Country: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Field Hockey: For information, contact Coach Erin Sanders at phs.fieldhockey.club@gmail.com. Follow us on Instagram @provfieldhockey.

Football: Parents who are not on the football distribution list, email providence.football@yahoo.com to be added or get any questions answered. To reach Coach Ward directly, email weslees.ward@cms.k12.nc.us.

Women's Golf: For information, contact Coach Church at carefreehighway33@gmail.com.

Men's Soccer: For information, contact Coach Sosa at nsosa1010@gmail.com.

Women's Tennis: For information, contact Coach Oxendine at joshuae.oxendine@cms.k12.nc.us.

Volleyball: For information, contact Coach Malone at margaret1.malone@cms.k12.nc.us.

WINTER SPORTS

Men's Basketball: For information, contact Coach Boney at nicholasa.boney@cms.k12.nc.us.

Women's Basketball: For information, contact Coach Bean at JenniferBean20@gmail.com.

Cheerleading: For information, visit our webpage at <https://phscheer1.weebly.com>.

Rugby: If you have questions about or are interested in playing rugby, visit www.panthersrugby.com and [contact us](#). Follow us: <https://www.facebook.com/ProvidenceRugby/>.

Swimming and Diving: All DragonflyMax forms are now past due. For information, contact Coach Davis at providenceswimdive@gmail.com.

Indoor Track & Field - For information on indoor track and field, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Wrestling: For information, contact Coach Bosak at scotte.bosak@cms.k12.nc.us.