

Dear Providence families and friends,

To ensure everyone can view the MEWS and avoid any formatting issues, it is also attached to this email as a PDF. And, as always, the MEWS is available on the [PHS PTSO Website](#).

MEWS Editorial Team

[PHS Website](#)

[PTSO Website](#)

[PTSO Facebook](#)

PROVIDENCE HIGH SCHOOL MEWS

February 10, 2023

The following articles were submitted by staff, various PHS clubs, booster organizations, etc., and compiled by the PTSO for your convenience. Direct questions related to specific articles to the contact person listed.

To submit an article, refer to the [MEWS Guidelines](#) and then [email articles here](#) by 9 PM Wednesday.

View the current and past editions of [the MEWS](#).

Click [here](#) to subscribe to or unsubscribe from the MEWS.

DATES TO REMEMBER

February 20	President's Day Holiday – No School
March 8	Early Release Day
March 24	Last Day of 3 rd Quarter
March 27	Teacher Workday – No School
April 7	Teacher Workday – No School
April 10–April 14	Spring Break Holiday – No School
May 29	Memorial Day Holiday – No School
June 9	Last Day of 4 th Quarter
June 12–June 13	Teacher Workdays – No School
June 14	Class of '23 Graduation Day

A MESSAGE FROM OUR PRINCIPAL

Dear PHS parents and families,

The course request and counseling process has begun for the 2023-24 school year. Now that all students have submitted their requests, each counselor will have an individual meeting with each student to review their choices and discuss their future plans and how these choices will help them meet those goals. At the forefront of our mind is helping students create a BALANCED life schedule. We will discuss the fact that students may be able to take high level classes and do well in them if they took them one at a time. But, combined as a schedule with eight total courses plus their extra-curricular commitments, it might be too much! We want our students to consider all aspects of their total life schedule when selecting their school schedule for the upcoming year.

We will finish these counselor meetings and students will be able to make any changes to their requests by **3 PM on April 4**. This is LAST CHANCE DAY. Please continue to be in thought about your child's course requests should you want to make any changes to it before April 4.

Also this week, our NJROTC had its annual inspection and pass-in-review. They did a great job. The unarmed and armed drill exhibition teams were sharp! We hosted veterans from the American Legion as special guests for the ceremony. Students from our band impressed as our cadets demonstrated their skills and leadership. NJROTC is a leadership development program that relies heavily on student cadet-led activities. We are so proud of the growth we have seen from them. Good luck to our cadets as they travel to Myrtle Beach for the Region 6 finals for ROTC competition in drill, academic team, orienteering, and more.

Next week, our Sources of Strengths Peer Leaders and our Student Leadership team have collaborated to create “**Reset and Recharge Week.**” We have several events every day to support mental health awareness and provide tips and strategies to our students.

Good luck to our basketball teams as they finish the regular season conference schedule tonight, our individual wrestlers who will compete in the state tournament tonight and tomorrow at Mallard Creek, and our swim and dive teams at the state championship today in Raleigh. There are so many great things going on. Go Panthers!

I hope you have a great weekend.

Sincerely,
Dr. Harrill, Principal

ANNOUNCEMENTS AND UPCOMING EVENTS

New – **Campus Beautification Day on March 25**

Spring is right around the corner, and we're excited to make the campus look amazing! We are looking for crew leaders (adults) and volunteers (students) to help in various areas of the campus **9 AM-12 PM on March 25.**

Jobs include picking up sticks, pruning low branches on trees, weeding, spreading mulch, and re-stacking small stone edging around the school. All easy work, and students can get much-needed volunteer hours! All volunteers must sign up to participate.

Here is the link to sign up: <https://www.signupgenius.com/go/70A0845A9AF2AA3FF2-phsbeautification3>

(Submitted 2/06/2023 by Kalie Koivisto, kkoivisto@cottinghamchalk.com)

New – **PTSO 2023 Scholarships**

The PTSO is happy to announce that we will offer three \$1,000 scholarships for 2023 seniors. To be eligible, the student must be a member of the PTSO. If you are not a member and would like to join, please go to Pay4SchoolStuff.com.

Application instructions can be found at [2023 PHS PTSO Scholarship Application Instructions](#), and the deadline to apply for the scholarship is **April 5**. If anyone has questions, please email ptso.scholarships@gmail.com.

(Submitted 2/07/2023 by Dana Xiao, danaxiao@gmail.com)

Flock Your 2023 Senior

Want to celebrate your senior? Send them a flock! For \$10, PHS parent volunteers will put a flock of 23 black and gold flamingos on your lawn for 24 hours. This is a great way to celebrate a birthday or milestone, or just congratulate them on their senior year. Orders can be placed by emailing your student's name, address, and preferred date to flockasenior@gmail.com. Orders must first be paid for on [Pay4SchoolStuff](#). Proceeds go toward senior events hosted by PTSO.

(Submitted 1/31/2023 by Stacey Ellis, staceyellis11@gmail.com)

Spirit Wear Cooler Bags Now Available

New Item alert! Fabulous cooler bag available now on [Pay4SchoolStuff](#) that are great for tailgating. Quantities are limited, so purchase now so you don't miss out.

Hoodies, sweatpants, t-shirts, and trucker hats are available on [Pay4SchoolStuff](#) as well.

(Submitted 2/02/2023 by Beth MacPhail, bmacphail35@outlook.com)

The President's Volunteer Service Award (PVSA)

Students have until **March 13** to accrue volunteer service hours for this school year's award. All paperwork must be submitted to Ms. Haywood in the guidance department by **3 PM on March 15**, but you are welcome to turn it in beginning **February 15**. No late submissions will be accepted.

As the deadline approaches, please keep the following in mind.

- Make sure your activities qualify. If you are unsure if your activities will qualify for the award, check the PHS PVSA website for additional information and requirements.
- Do not wait until last minute to gather the required signatures and documentation to apply for this award; incomplete applications will not be accepted. No exceptions.
- The PVSA application form, PVSA summary log, and PVSA volunteer hour log sheet must be filled out completely and legibly, with all dates of service/description/hours listed, signatures from supervising adults, and contact information for verification purposes.

If you have any questions about the PVSA, please email providence.pvsa@gmail.com.

(Submitted 1/31/2023 by Helen Kim, helenckim@gmail.com)

Urgent Need for Tissues

The office is in desperate need of tissues. They do not need wipes. If you can donate tissues, please contact Jane Caldwell at the front office.

(Submitted 1/24/2023 by Lee Sugg, leesugg@gmail.com)

CM Library Laptops

If you are an adult in need of a laptop, check out the Charlotte Mecklenburg Library: Emergency Connectivity Fund (ECF). Twenty-thousand laptops are being given for free to those who qualify. Please visit the following website to apply.

<https://digitalbranch.cmlibrary.org/mecktech/computer-kits/>

(Submitted 1/20/2023 by Symone Thompson, symonem.thompson@cms.k12.nc.us)

CLUBS AND ORGANIZATIONS

New – German Club Ice Skating

Hello Providence German Club families! Consider joining us for our interclub ice-skating event on **February 17 at 3 PM** at Extreme Ice. There is a \$15 fee to attend, which can be paid to Mme. Traill, the French teacher, or on OSP at bit.ly/iceskatingosp. Please see Herr Hablutzel for the Google form to register to attend. The other language clubs will be joining us as well. We hope to see you there!

(Submitted by Barritt Chambers at chambers.james.b@gmail.com)

Butter Braid Pastry Sale Underway

Providence Band members are selling Butter Braid frozen pastries through **Wednesday, February 15**. These delicious pastries come in a variety of sweet and savory flavors and are great for breakfast, desserts, appetizers, and special occasions. Simply thaw overnight and bake. Stock up the freezer now!

Contact a band member or email PHSBandButterBraids@gmail.com to order. Orders will be picked up by band students at school on **Tuesday, March 7** for delivery.

Thank you for your support of the Providence High School band program!

(Submitted 2/02/2023 by Nancy Knox, teamknox@carolina.rr.com)

Drama Boosters Valentine Cookie Fundraiser

It's time for the Drama Boosters Valentine Cookie Fundraiser! Support the drama department by purchasing these sweet treats. Valentine cookie boxes are available again this year.

The Valentine cookie boxes contain an assortment of six gourmet cookies beautifully wrapped in a Valentine-themed cookie box and will be hand delivered to local addresses. All proceeds go to the Providence High School Theatre Boosters. Assortment includes: one chocolate chip, one brownie, one gooey bar, one molasses ginger, one snickerdoodle, and one lemon shortbread heart (\$15/box).

Fill out the Google form to buy your box (or boxes) at the link below.

<https://forms.gle/V6vdS28cb2d98qUN7>

(Submitted 1/22/2023 by Erica McGee, ericaallenmcgee@hotmail.com)

COUNSELING DEPARTMENT AND CAREER DEVELOPMENT

[School Counseling website](#)

[Information on College Visits](#)

[College and Career Center website](#)

[Job Openings](#)

[Upcoming College Visits](#)

Our scholarship list is in Naviance. Under the College tab, click Scholarship List and then click Local and Regional Scholarships.

New – Scholarship of the Week: Fight for the Flame CRPS Awareness

The Fight the Flame® CRPS Awareness Scholarship was established to encourage students to educate others about Complex Regional Pain Syndrome (CRPS). CRPS, formally known as Reflex Sympathetic Dystrophy (RSD), is a chronic, debilitating, invisible, neurological pain disorder. As part of our advocacy efforts, we are offering one Fight the Flame® CRPS Awareness Scholarship of \$1,000 to a Providence High School senior.

Eligibility

- Must be a Providence High School senior with at least a 3.0 GPA, scheduled to graduate in the spring of the current school year.
- Must be accepted and planning to pursue a four-year undergraduate degree from an accredited institution (copy of acceptance letter required).

Requirements

- Submit a complete application
- Answer one essay question (500 words)
- Present a complete communication log sheet
- Provide a copy of college acceptance letter.

Please see Naviance for an application.

(Submitted 2/06/2023 by Ginger Obringer, virginiaa.obringer@cms.k12.nc.us)

ATHLETICS

[PHS Athletics Website](#)

[Student Athlete Forms and Packets](#)

[Online Providence Team Stores](#)

[Follow PHS Athletics on Twitter - @ProvAthletics](#)

[Follow Providence Athletic Club on Twitter - @ProvBoosterClub](#)

Upcoming Events

February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16 Wrestling State Meet	17 Wrestling State Meet	18 Wrestling State Meet Softball Varsity Scrimmage @ Marvin Ridge

*MSP=Matthews Sportsplex

Updated -- Spring Sports Starting Soon

You can still purchase a PAC membership online or at the spring sports meeting on **February 16**. Credit cards are accepted. Skip the Hometown Fan App, purchase your PAC membership and get admission to all home games for the rest of the year. Membership is valid for the entire school year – all sports, any season, multiple membership options. (Does not include club sports and home playoff games). Memberships can be purchased online at <https://www.Pay4SchoolStuff.com>.

Player Registration

CMS has changed its process for athlete registration. [DragonFly MAX \(dragonflyathletics.com\)](http://dragonflyathletics.com) will be used to collect all required documents including physicals and proof of residency and **the required CMS athletic participation fee**. All of this information must be completed before first games, but many coaches may require this to be complete shortly after tryouts. Please register at the site and start the process now so there is no delay in your student participating in Providence sports.

Athletic Ticket Purchases

Tickets for Providence Athletics can be purchased using the Hometown Fan app.

Harris Teeter VIC Card PAC Support

Please support the Panther Athletic Club by linking your VIC card to #1062. Link this number to your card at any Harris Teeter or at www.harristeeter.com. You can link a total of five school organizations to each VIC card.

Amazon Smile PAC Support

When you shop at Amazon Smile (smile.amazon.com), please select Providence Senior High Athletic Booster Club as your charity. Amazon Smile will donate .5% of purchases to support the PAC.

Sports Photos

To learn more about sports photo options with Providence Athletics, visit www.ProvidenceSportsPhoto.com. For assistance, email Rusty Transou at rtransou@gmail.com.

SPORTS HIGHLIGHTS AND ANNOUNCEMENTS

WINTER SPORTS

Men's Basketball: For information, contact Coach Boney at nicholasa.boney@cms.k12.nc.us.

Women's Basketball: For information, contact Coach Bean at JenniferBean20@gmail.com.

Cheerleading: For information, visit our webpage at <https://phscheer1.weebly.com>.

Rugby: If you have questions about or are interested in playing rugby, visit www.panthersrugby.com and [contact us](#). Follow us: <https://www.facebook.com/ProvidenceRugby/>.

Swimming and Diving: All DragonflyMax forms are now past due. For information, contact Coach Davis at providenceswimdive@gmail.com.

Updated -- Indoor Track & Field - The 4A State Indoor Track & Field Championships are **Saturday, February 11** at The JDL Fast Track in Winston-Salem. Reid Herring (HJ), Devin Coleman (shot put), Keely Bradle (3200m), and Briggs McCarter (PV) will be competing. For information on indoor track and field, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Wrestling: For information, contact Coach Bosak at scotte.bosak@cms.k12.nc.us.

SPRING SPORTS

Baseball: For information, contact Coach Hignight at daniel.hignight@cms.k12.nc.us.

Men's Golf: For information, contact Coach Church at carefreehighway33@gmail.com.

Men's Lacrosse: For information, contact pshlaxcms@gmail.com.

Women's Lacrosse: Follow us on Instagram @provwolax for pre-season updates. For information about women's lacrosse, contact Coach Peyton Lindsay at peytona.lindsay@cms.k12.nc.us.

Women's Soccer: Women's soccer tryouts for JV and varsity will be **February 13 and 14** from **3 PM-4:30 PM** on the field behind the student parking lot. Players **MUST** complete information on DragonFly to participate. For information, contact Coach Bolar at robb.bolar@cms.k12.nc.us.

Softball: Offseason workouts have begun. For information, contact Coach Mace at donaldb.mace@cms.k12.nc.us.

Men's Tennis: For information, contact Coach Oxendine at joshuae.oxendine@cms.k12.nc.us

Men's Track & Field: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Track & Field: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

FALL SPORTS

Cheerleading: For information, visit our webpage at <https://phscheer1.weebly.com>.

Men's Cross Country: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Cross Country: For information, contact Coach Touranjoe at steven.touranjoe@cms.k12.nc.us.

Women's Field Hockey: For information, contact Coach Erin Sanders at psh.fieldhockey.club@gmail.com. Follow us on Instagram @provfieldhockey.

Football: Parents who are not on the football distribution list, email providence.football@yahoo.com to be added or get any questions answered. To reach Coach Ward directly, email weslees.ward@cms.k12.nc.us.

Women's Golf: For information, contact Coach Church at carefreehighway33@gmail.com.

Men's Soccer: For information, contact Coach Sosa at nsosa1010@gmail.com.

Women's Tennis: For information, contact Coach Oxendine at joshuae.oxendine@cms.k12.nc.us.

Volleyball: For information, contact Coach Malone at margaret1.malone@cms.k12.nc.us.